

MANTRA CAFÉ

BREAKFAST COCKTAILS

- MIMOSA | MCC, fresh orange juice 135
BLOODY MARY | Vodka, spiced tomato juice, pinchos, Worcestershire sauce 145
ELDERFLOWER CLASSIQUE | Gin, litchi juice, lemon, elderflower, MCC 155

BREAKFAST ELIXIRS

- GINGER | apple, lemon & ginger 48
TURMERIC | turmeric, orange, apple 48
DETOX | apple, spinach, cucumber, kale, artichoke leaf extract 48
PROBIOTIC | Apple, cranberry, buchu, artemesia, alfalfa 48

SMOOTHIES

- GREEN PINEAPPLE & COCONUT SMOOTHIE
Fresh pineapple, kale, spinach, coconut milk, banana, raw honey 84
ALMOND & PROTEIN SMOOTHIE
Almond nut milk, roasted macadamia nut butter, dates, banana, oats, plant based protein powder 86

JUICES

- PURE BOTTLED JUICES | Mandarin 64 / Cloudy Apple 64 / Mango 64
FRESH PRESSED JUICES | Carrot, celery, ginger, apple 74 / Cucumber, parsley, celery, mint 74
Beetroot, pineapple, turmeric 74

HOT DRINKS

- COFFEE | Espresso 38 / Americano 38 / Flat White 46 / Latte 46 / Macchiato 38 / Cortado 42
MILK ALTERNATIVES | Oat milk / Almond nut milk 12
ROOIBOS ESPRESSO | Flat Red 46 / Latte 46 / Chai Red Latte 48
TEA | Pot of Tea - Ceylon / Earl Grey / English Breakfast / Rooibos 42
POT OF INFUSED TEA | Lemon / Ginger / Mint 28
CHAI LATTE 46
HOT CHOCOLATE | Nutella, steamed full cream milk 86
ICED COFFEE | Espresso, condensed milk and whipped cream over ice 46

A 12.5% SERVICE CHARGE IS ADDED TO THE BILL

Breakfast served until 11:30am

MANTRA CAFÉ

BREAKFAST

MANTRA GRANOLA

toasted rolled oats, buckwheat, cranberry, pumpkin seed & citrus,
served with yoghurt, raw honeycomb & fresh seasonal fruit 135

BUTTERMILK FLAPJACK STACK

with burnt cinnamon butter, maple syrup, crispy bacon and whipped vanilla bean crème fraîche 165

SMASHED AVOCADO ON TOASTED SOURDOUGH

with crystallised seed crumble, seasonal herb salad & green chilli oil 145

SMOKED SALMON TROUT BRUSCHETTA

with cream cheese, crushed avocado, caper salsa & free-range poached egg 175

CREAMY SCRAMBLED EGGS ON TOASTED SOURDOUGH

with slow roast tomatoes 135 | Add bacon 35 | smoked salmon trout 65

EGGS BENEDICT

soft poached free range eggs, crispy bacon and Hollandaise sauce
served on toasted ciabatta with slow roasted tomatoes 185

SOFT POACHED EGGS ON WHITE BEAN PURÉE

with marinated beans and crushed feta, olive oil and chilli flat bread 155

MANTRA BREAKFAST

Free-range eggs, bacon, grilled beef boerewors, roasted brown mushroom,
crispy potato and spinach fritters, slow roasted tomatoes and toast 235

CRISPY CRUSHED POTATO CAKE & SOFT POACHED EGGS

with crispy kale, whipped labne & fresh tomato salsa 155

EGGS ROYALE

soft poached free-range eggs, smoked salmon trout and Hollandaise sauce
served on toasted ciabatta 195

MATCHA & ALMOND MILK SOAKED CHIA BOWL

with cultured coconut yoghurt, fresh berries, banana, roasted pears & crystallised almond crunch 135

CREAMY SAUTÉED MUSHROOMS

with soft poached free-range egg on toasted sourdough 165

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